



$$ma = F = -kx$$

$$m \frac{dv}{dt}$$

$$m \frac{d^2x}{dt^2} = -kx$$

$$mx''(t) = -kx(t)$$

Solutions to this differential equation:

$$x''(t) = -\frac{k}{m}x(t) \implies x''(t) + \underbrace{\frac{k}{m}}_{\omega^2} x(t) = 0$$

$$x(t) = A \sin(\omega t - \phi)$$

A,  $\phi$  arbitrary constants

Angular frequency  $= \omega = \sqrt{\frac{k}{m}}$

$$x''(t) + \omega^2 x(t) = 0$$

has solutions of form

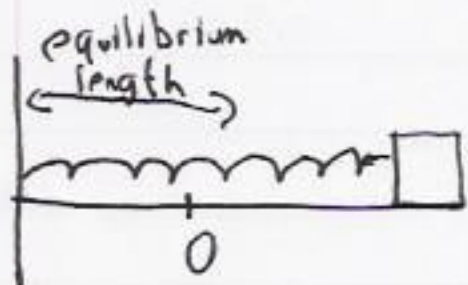
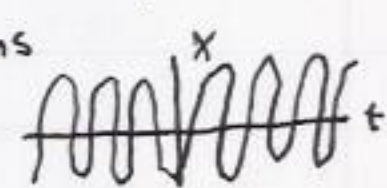
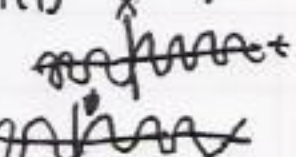
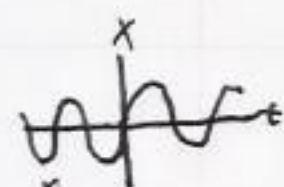
$$A \sin(\omega t - \phi)$$

Graph: ① Start with  $y = \sin(t)$

② Compress by factor of  $\omega$

③ Shift right by  $\phi$  in radians

④ Stretch by A



Ignoring friction, the block undergoes cyclic motion. How long is one cycle?

$$T = \frac{2\pi}{\omega} = \frac{2\pi}{\sqrt{\frac{k}{m}}} = 2\pi \sqrt{\frac{m}{k}}$$

Initially, the block, with mass 55 grams, is at  $x = 3.0$  cm with  $v = 0.0$  cm/s  
 If  $k = \frac{624 \text{ N}}{m}$ , then find  $A, \omega, \phi$  where  $x(t) = A \sin(\omega t - \phi)$ . (Ignoring friction)

$$\omega^2 = \frac{k}{m} = \frac{624 \frac{\text{N}}{\text{m}}}{.055 \text{ kg}} = \frac{624 (\text{kg} \cdot \text{m}/\text{s}^2) / \text{m}}{.055 \text{ kg}} = 1163.63 / \text{s}^2$$

$$\omega = \sqrt{1163.63 / \text{s}^2} = 34.1121 / \text{s} = 34.1121 \text{ rad/s}$$

$$T = \frac{2\pi}{\omega} = .18 \text{ s}$$

$$v(t) = x'(t) = A(\cos(\omega t - \phi)) (\omega t - \phi)' = A\omega \cos(\omega t - \phi)$$

$$t=0 \begin{cases} 3.0 \text{ cm} = x = A \sin(\omega \cdot 0 - \phi) = A \sin(-\phi) = -A \sin \phi \\ 0.0 \text{ cm/s} = A\omega \cos(\omega \cdot 0 - \phi) = A\omega \cos(-\phi) = A\omega \cos \phi \Rightarrow \cos \phi = 0 \Rightarrow \phi \text{ has many solutions} \end{cases}$$

Traditionally you pick  $A > 0$

$$A = -3.0 \text{ cm/s} \leq 3.0 \text{ cm/s} = A \sin \frac{\pi}{2} = -A \leftarrow \text{Pick } \phi = 90^\circ = \frac{\pi}{2}$$

$$x(t) = (-3.0 \text{ cm/s}) \sin((34.1121 / \text{s})t - \frac{\pi}{2})$$

$$A = 3.0 \text{ cm/s} \leq A \sin \frac{\pi}{2} = A \leftarrow \text{Pick } \phi = -90^\circ = -\frac{\pi}{2}$$

$$x(t) = (3.0 \text{ cm/s}) \sin((34.1121 / \text{s})t + \frac{\pi}{2})$$

→ Both equal  $(3.0 \text{ cm/s}) \cos((34.1121 / \text{s})t)$ .

Example: At  $t = 0.035 \text{ s}$

$$x = 3.0 \text{ cm/s} \cos(\overbrace{34.1121 \cdot 0.035}^{\text{radians}})$$

$$= \text{~~3.0~~ } 1.1 \text{ cm}$$

At  $t = 0.0355$ :  $A = 3.0 \text{ cm}$   $\phi = -90^\circ$

$$v = A\omega \cos(\omega t - \phi) = 3.0 \text{ cm} \cdot 34.1121/\text{s} \cdot \cos((34.1121/\text{s}) \cdot (0.0355) + \frac{\pi}{2})$$

$$= -95 \text{ cm/s}$$

$X(t) = A \sin(\omega t + \phi)$   
 $v(t) = A\omega \cos(\omega t + \phi)$

Dook uses " $t$ "  
 It doesn't matter much

How much energy does the block have?

$$E = K + U = \frac{1}{2} m v^2 + \frac{1}{2} K x^2 \qquad \omega^2 = \frac{K}{m}$$

$$E = \frac{1}{2} m A^2 \omega^2 \cos^2(\omega t + \phi) + \frac{1}{2} K A^2 \sin^2(\omega t + \phi) = \frac{1}{2} K A^2 (\cos^2(\omega t + \phi) + \sin^2(\omega t + \phi))$$

$$32 \frac{\text{N}}{\text{m}} \cdot (0.030 \text{ m})^2 = \frac{1}{2} \cdot 64 \frac{\text{N}}{\text{m}} \cdot (3.0 \text{ cm})^2 = \frac{1}{2} K A^2$$

constant

$$32 \frac{\text{N}}{\text{m}} \cdot 0.0090 \text{ m}^2 = 2.9 \times 10^{-2} \text{ N}\cdot\text{m} = \boxed{2.9 \times 10^{-2} \text{ J}}$$